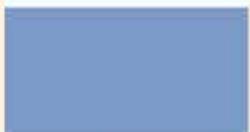




SAMHSA

Prevention • Treatment • Recovery • Resilience



Building resilience...

Facilitating recovery...

**A life in the
community for
everyone**



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
<http://www.samhsa.gov>

The Substance Abuse and Mental Health Services Administration's (SAMHSA's) vision as an agency of the Federal Government is "A Life in the Community for Everyone." This vision is based on the premise that people of all ages, with or at risk for mental or substance use disorders, should have the opportunity for a fulfilling life that includes a job/education, a home, and meaningful personal relationships with friends and family. SAMHSA works to achieve this vision through an action-oriented mission—"Building Resilience and Facilitating Recovery."



THE CHALLENGE

In 2007, over 22 million Americans, aged 12 or older, were classified with substance abuse or dependence; nearly 25 million adults, aged 18 or older, were living with a serious psychological distress, according to SAMHSA's *National Survey on Drug Use and Health*.

The economic costs of undiagnosed and untreated mental and substance use disorders are staggering.

The human costs—measured in lost jobs, lost families and lost lives—are incalculable.

Yet, mental and substance use disorders are treatable illnesses from which people can and do recover. The toll of substance abuse and mental illnesses can be dramatically reduced by prevention and early intervention with state-of-the-art

services and supports. SAMHSA is bringing this knowledge to communities across the Nation to ensure that people with or at risk for mental or substance use disorders have the opportunity for recovery and a fulfilling life in the community.

MEETING THE CHALLENGE THROUGH NATIONAL LEADERSHIP



Through its three Centers and supporting Offices, SAMHSA engages in program activities to carry out its mission. With a fiscal year 2008 budget of nearly \$3.2 billion, SAMHSA funds and administers a rich portfolio of grant programs and contracts to support State and community efforts to expand and enhance prevention and early intervention programs and to improve the quality, availability, and range of substance abuse treatment, mental health and recovery support services—in local communities—where people can be served most effectively.

Driven by a strategy to improve accountability, capacity and effectiveness, SAMHSA ensures that its resources are being used effectively and efficiently and also that these resources are being invested in the best interest of the people SAMHSA serves. SAMHSA's formula and discretionary grant programs are focusing on performance measurement and management. SAMHSA is working with grantees to report performance-based outcomes.



SAMHSA's Center for Mental Health Services (CMHS)

CMHS provides national leadership to ensure the application of scientifically established findings and practice-based knowledge in the prevention and treatment of mental disorders; to improve access, reduce barriers, and promote high-quality, effective programs and services for people with, or at risk for these disorders, as well as for their families and communities; and to promote an improved state of mental health within the Nation, as well as the rehabilitation of people with mental disorders.

SAMHSA's Center for Substance Abuse Prevention (CSAP)

The mission of CSAP is to build resiliency and facilitate recovery. CSAP provides national leadership in the development of policies, programs,

and services to prevent the onset of illegal drug, underage alcohol, and tobacco use. CSAP disseminates effective substance abuse prevention practices and builds the capacity of States, communities, and other organizations to apply prevention knowledge effectively. An integrated systems approach is used to coordinate these activities and collaborate with other Federal, State, public, and private organizations.

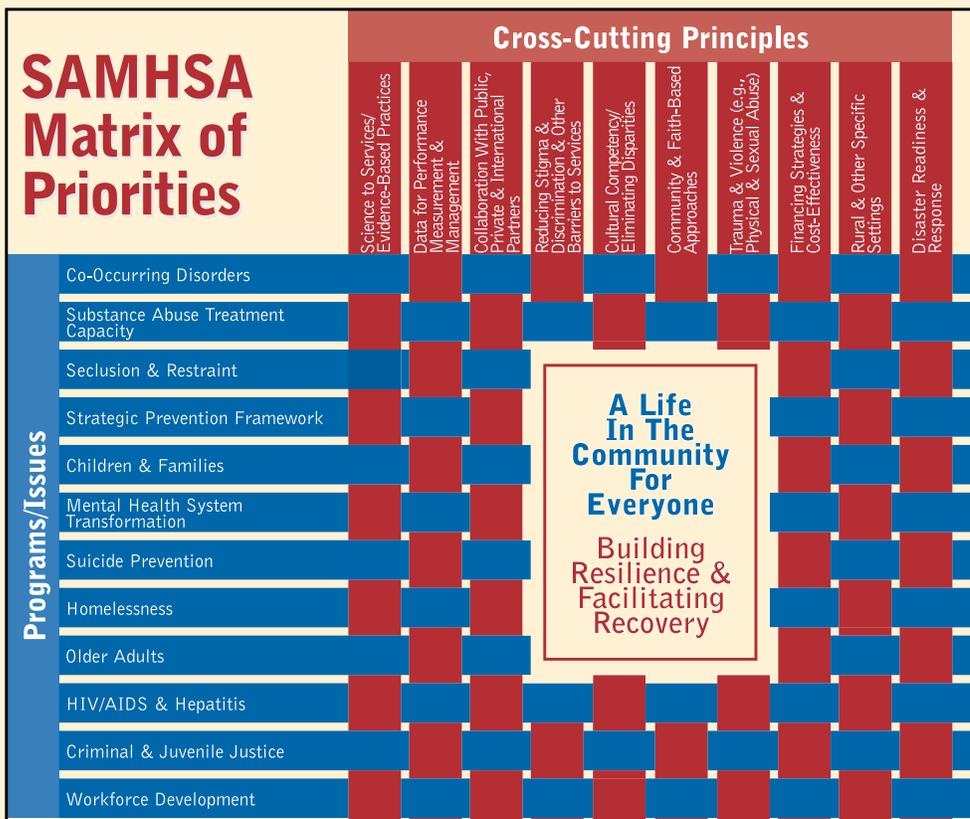
SAMHSA's Center for Substance Abuse Treatment (CSAT)

The mission of CSAT is to bring effective alcohol and drug treatment to every community. CSAT provides national leadership to expand the availability of effective treatment and recovery services for alcohol and drug problems; to improve access, reduce barriers, and promote high-quality

effective treatment and recovery services for people with alcohol and drug problems, abuse, or addiction as well as for their families and communities.

Office of Applied Studies (OAS)

OAS collects, analyzes, and disseminates national data on behavioral health practices and issues. OAS is responsible for the annual *National Survey on Drug Use and Health*, the *Drug Abuse Warning Network*, and the *Drug and Alcohol Services Information System*, among other studies.



BRINGING SCIENCE TO COMMUNITY-BASED SUCCESS

SAMHSA's matrix of program priorities and cross-cutting principles outlines and guides its activities in pursuit of its vision and mission. The matrix includes 12 program priority areas. They are co-occurring disorders, substance abuse treatment capacity, seclusion and restraint, strategic prevention framework, children and families, mental health system transformation, suicide prevention, homelessness, older adults, HIV/AIDS and Hepatitis, criminal and juvenile justice, and workforce development.

By focusing on these priority areas, SAMHSA is supporting State and community efforts to provide people with the services they need to live, work, learn, and participate fully in their communities. With the continued support of its many partners, SAMHSA will continue to bring the message of hope, courage, and recovery and the promise of a life in the community to every individual it touches through its work.

MAKING RECOVERY A REALITY SELECTED ACCOMPLISHMENTS

Screening To Enhance Prevention and Treatment

SAMHSA's Screening, Brief Intervention, Referral, and Treatment (SBIRT) grant program is expanding the continuum of care to include these activities in trauma centers, emergency rooms, community clinics, health centers, and school clinics. Of the 600,000 individuals screened through the SBIRT program, nearly 25 percent required a brief intervention, brief treatment, or referral to a specialty treatment. With the adoption of reimbursable health care codes for SBIRT services in 2008, more individuals with substance abuse problems will receive an appropriate intervention before developing a disorder, and those with a disorder will be linked to appropriate treatment and recovery support services.

National Suicide Prevention Lifeline Is Saving Lives

Every 16 minutes, someone dies from suicide in the United States. To address this serious public health problem, SAMHSA supports several suicide prevention initiatives including the National Suicide Prevention Lifeline. The Lifeline is a network of toll-free telephone numbers that routes calls from anywhere in the country to a local suicide prevention counselor in one of its 135 certified crisis centers. In 2008, calls to the hotline averaged over 45,000 per month. Evaluation of the telephone crisis centers found a decrease of distress, hopelessness, and suicidal intent during and after calls, and 14 percent of suicidal callers spontaneously reported that the call saved their lives.

Improving Outcomes for People With Co-Occurring Disorders

SAMHSA is supporting State efforts to improve services for people living with co-occurring disorders. SAMHSA is funding State Incentive Grants for Co-Occurring Disorders, and has established a co-occurring technical assistance and cross-training center, created a co-occurring evidence-based practices toolkit, added an effective treatment for co-occurring disorders in its National Registry of Effective Programs, and updated the co-occurring Treatment Improvement Protocol.

Partnering To Prevent Underage Drinking

SAMHSA partnered with the National Institute of Alcohol Abuse and Alcoholism in support of *The Surgeon General's Call to Action To Prevent and Reduce Underage Drinking* to help stop the more than 11 million current underage drinkers from using alcohol and to keep other young people from starting. The collaboration resulted in the development of three action guides specifically for families, communities, and educators, and the launching of a comprehensive Web site, portal resources, and information on underage drinking and ideas for combating this issue. SAMHSA supported 1,200 Town Hall Meetings to serve as a springboard for change and bring together the entire community to prevent and reduce underage drinking.

Caring for the Mental Health Needs of Returning Veterans

To ensure that veterans with emotional crises have around-the-clock access to trained professionals, SAMHSA and the Department of Veterans Affairs have become partners in the operation of a national suicide prevention hotline for veterans. The toll-free hotline, 1-800-273-TALK (8255), puts callers in touch—any time of the day or night, any day of the week, from anywhere in the country—with trained, caring professionals who can help. Veterans and their family members are using the hotline more than 100 times a day. Approximately 300 potentially lifesaving emergency interventions have taken place through the hotline.

Strategic Prevention Framework

SAMHSA funds 42 strategic prevention framework grants to States and territories that support prevention efforts in over 500 communities. SAMHSA also funds more than 700 communities through the drug free communities support program. All of these communities work through a rigorous strategic planning process to identify a substance abuse problem and build capacity to plan, implement, and evaluate comprehensive community strategies. This framework ensures the most effective strategies are in place at the community level. For example, in the first 19 States to receive a strategic prevention framework grant, 86 percent of States using this framework saw decreases in fatalities in alcohol-related crashes between 2006 and 2007, compared to 62 percent in nongrant States.

Contact

Substance Abuse and Mental Health Services Administration

SAMHSA is a public health agency within the Department of Health and Human Services. The agency is responsible for improving the accountability, capacity, and effectiveness of the Nation's substance abuse prevention, addictions treatment, and mental health services delivery system.

For detailed information about current grant opportunities, browse the SAMHSA Web site at <http://www.samhsa.gov> and click on "Grants." Visit regularly for updates.

For more information about substance abuse and mental health resources, please e-mail SHIN@samhsa.hhs.gov.

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